



CATHOLICATE COLLEGE PATHANAMTHITTA

Activity Report - Academic Year 2025-2026

Activity Name: WORLD DIABETES DAY-MIME AND INAUGURATION

Department/Committee/Club: Club - NSS

Name of the Coordinator		Venue	From Date	To Date
Dr Thomas abraham		Pathanamthitta private bus stand	14-11-2025 10:30 AM	14-11-2025 12:30 PM
Nature: outdoor	Activity Type: Days		Scheduled/Unscheduled: scheduled	
Number of Participants: 12		Funding: Self		Amount: 1000
Chief Guest: Adv. Zakkir hussain(pathanamthitta municipality chairman)				

Brief Information About Activity

Topic/Subject	WORLD DIABETES DAY-MIME AND INAUGURATION
Objectives	To create public awareness about diabetes, its causes, symptoms, and prevention.
Methodology	NSS volunteers organized the programme at the bus stand.The programme began with a small inauguration.The mime showed healthy habits and prevention of diabetes.
Outcomes	People understood the importance of healthy food.mime attracted public attention.

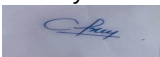
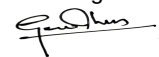
PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

✓ Notice & Letters	✓ List of Participants	✓ Activity Report	Geo Tagged Photos	Feedback Form
Feedback Analysis	News Clip with details	Certificate	Any Other	Order

IQAC & File Info

IQAC Document No:	Criterion No: 7	NAAC Metric No: x
Departmental File No: 31	IQAC File No: CCP/IQAC/31	International:

Signatures

Name of the Teacher	Name of the Head/Committee In-Charge & Signature	IQAC Coordinator Seal & Signature
Dr Thomas abraham 	Dr ancy sam 	Dr George thomas 



NATIONAL SERVICE SCHEME UNIT NO: 10 CATHOLICATE COLLEGE, PATHANAMTHITTA (NAAC A++ ACCREDITED)



IN ASSOCIATION WITH

SABITHA EYE CARE HOSPITAL, PATHANAMTHITTA



World Diabetes Day

MIME

14th November 2025

At Private
Bus Stand
Pathanamthitta



Student List

LIST OF THE PARTICIPANTS		
Name	Department	Sign.
1) Sneha.V.S.	D ₂ Botany	~~Sneha~~
2) Abin Rajeev	S ₂ B.Com	~~Abin~~
3) Abel	B BCA	~~Abel~~
4) Krishna Priya	D ₂ Maths	~~Krishna~~
5) Meenu	D ₂ Maths	~~Meenu~~
6) Vinayak	Economics	~~Vinayak~~
7) Gopika	Economics	~~Gopika~~
8) Neelina	D ₂ Malayalam	~~Neelina~~
9) Sreedevi	Malayalam	~~Sreedevi~~
10) Aayush	Malayalam	~~Aayush~~
11) Gayatri	D ₂ BCA	~~Gayatri~~
12) Jayalashwan	D ₂ BCA	~~Jayalashwan~~



CATHOLICATE COLLEGE PATHANAMTHITTA

KERALA- 689645

NAAC Reaccredited A++ Grade with CGPA 3.53

Tel: +91 468 2222223 Email: cathiqac@gmail.com

Website: www.catholicatecollege.com

Affiliated to Mahatma Gandhi University, Kottayam, Kerala



WORLD DIABETES DAY MIME AND INAUGURATION





Report on
WORLD DIABETES DAY MIME AND INAUGURATION

Pathanamthitta Catholocate College NSS unit.10 Conducted a " WORLD DIABETES DAY DIABETES DAY FOR MIME AND INAUGURATION" On 14th November 2025 at Pathanamthitta Private Bus Stand at 10:30.

Objectives

1. Raise awareness
- 2.Strengthen community Partnership.
- 3.Educate participants

Key Discussions

1. Raising Awareness: Educating people about diabetes, its symptoms, and management.
2. Promoting Healthy Lifestyles: Encouraging balanced diets, physical activity, and regular health check-ups.
3. Supporting Diabetes Community: Creating a supportive environment for people living with diabetes.
4. Encouraging Early Diagnosis: Promoting regular screenings and early detection.
5. Advocating for Better Healthcare Access: Ensuring essential medicines and care are available to all.







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World Diabetes Day

MIME

14th November 2025

At Private

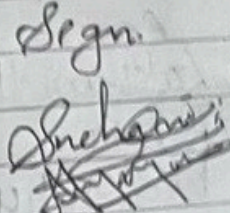
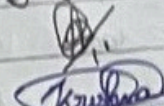
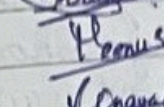
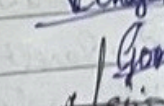
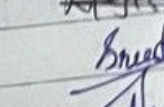
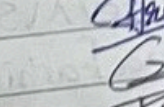
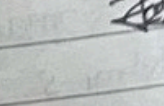
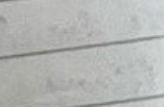
Bus Stand

Pathanamthitta



Participants:

The program was attended by the NSS volunteers, program officer Mr. Thomas Abraham Sabitha Eye Care Hospital Staffs, and Municipality Chairman Adv. Zakir Hussain

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7) Gopika	Economics	
8) Neelina	D ₂ Malayalam	
9) Sreedevi	Malayalam	
10) Ayaal Khan.	Malayalam	
11) Cagail	D ₂ BCA	
12) Jayal Krishnan	D ₂ BCA	



Organizing Committee:

- °Pathanamthitta Catholicate College NSS unit no.10 Volunteers
- °Sabitha Eye Care Hospital.

Resource Person

The programme was Inaugurated by Mr. Zakker Hussain (Pathanamthitta Municipality chairman) good Knowledge about Diabetes. The programme key notes delivered by Dr.Sabitha(Managing Director of Sabitha Eye Care Hospital)

Conclusion:

The World Diabetes Day event, organized by NSS volunteers in collaboration with Sabida Eye Care Hospital, successfully blended artistic expression with health education. The mime performance effectively conveyed the silent progression of diabetes and its impact on vision, while the inauguration ceremony set a positive tone for the day's activities.

Overall, the programme achieved its objectives of education, screening, and community involvement, reinforcing the power of creative communication in public-health advocacy. Vote of thanks delivered by Thomas Abraham(NSS Programme officer)