



CATHOLICATE COLLEGE PATHANAMTHITTA

Activity Report - Academic Year 2025-2026

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CATHOLICATE COLLEGE PATHANAMTHITTA KERALA- 689645

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International Webinar on “Demographic Transition and Health Policy: A Global Perspective”



A Report on International Webinar on “Demographic Transition and Health Policy: A Global Perspective” Organized by Postgraduate and Research Department of Economics of Catholicate College Pathanamthitta

The **Postgraduate and Research Department of Economics, Catholicate College, Pathanamthitta**, in association with **IQAC**, organized an **International Webinar on “Demographic Transition and Health Policy: A Global Perspective”** on **4 February 2026 at 9:30 AM** in **Mar Cleemis Hall**. The programme aimed to provide students with a global understanding of demographic changes and their implications for health policy and economic development.

The resource person for the session was **Dr. Arun Balachandran, Columbia University, New York**, who delivered an insightful lecture on the relationship between demographic transition, population ageing, fertility patterns, and public health policy across countries. He highlighted how demographic shifts influence economic growth, healthcare demand, and policy planning in both developed and developing nations.

During the webinar, the speaker discussed various stages of demographic transition and explained how countries adapt their health systems and policies to address challenges such as ageing populations, healthcare financing, and sustainable development. He also emphasized the relevance of demographic analysis in designing effective public health interventions and inclusive development strategies.

The session was highly interactive, allowing students to engage with the resource person through questions and discussions. Participants gained valuable insights into global demographic trends, the economic implications of population change, and the importance of evidence-based health policy formulation.

The programme was coordinated by **Asst. Prof. Bejoy D. Abraham** and **Mr. Gokul Nandhu M. K**, and it witnessed active participation from **undergraduate and postgraduate students as well as faculty members** of the department.

Objectives of the Programme

1. To create awareness about demographic transition and its stages.
2. To understand the relationship between population dynamics and health policy.
3. To introduce students to global perspectives on demographic and health challenges.
4. To enhance students' knowledge on population economics and public health policy.
5. To encourage academic interaction with international scholars and research perspectives.

Methodology

- Expert lecture by an international resource person.
- PowerPoint presentation explaining demographic trends and policy responses.
- Interactive question-and-answer session with students.
- Discussion on global case studies related to demographic transition and health policy.

Outcome of the Programme

- Students gained a deeper understanding of global demographic trends and their economic implications.
- The webinar enhanced students' knowledge about the link between demographic transition and health policy.
- Participants developed greater interest in population economics and public policy research.
- The programme strengthened the department's exposure to international academic perspectives.

Participants

- Undergraduate and Postgraduate students of the Department of Economics
- Faculty members of the Department

Programme Coordinators

- **Asst. Prof. Bejoy D. Abraham**
- **Mr. Gokul Nandhu M. K**

SDG Linkage

- **SDG 3 – Good Health and Well-being**
- **SDG 4 – Quality Education**

NAAC Criteria Number: 3 – Research, Innovations and Extension

Metric Number: 3.4.3 – Extension and Outreach Programmes / Academic Interaction Activities