



CATHOLICATE COLLEGE PATHANAMTHITTA

Activity Report - Academic Year 2025-2026

Activity Name: SCUBA DIVING CLASS

Department/Committee/Club: Department - Zoology

Name of the Coordinator		Venue	From Date	To Date
SANY MARY BENAJAMIN		MUNNAS SWIMMING ACADEMY,PATHANMAT HITTA	18-09-2025 10:00 AM	18-09-2025 01:00 PM
Nature: outdoor	Activity Type: Enrichment		Scheduled/Unscheduled: scheduled	
Number of Participants: 30		Funding: Non Funding		Amount: 0
Chief Guest: SUDHEESH K S				

Brief Information About Activity

Topic/Subject	SCUBA DIVING SESSION
Objectives	TO MAKE STUDENTS AWARE ON HOW TO BECOME A CERTIFIED SCUBA DIVER
Methodology	SUBA EXPERIENCE IN A POOL
Outcomes	AWARENESS ON THE BENEFITS OF BEING A SCUBA DIVER

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

Notice & Letters	List of Participants	✓ Activity Report	Geo Tagged Photos	Feedback Form
Feedback Analysis	News Clip with details	Certificate	Any Other	Order

IQAC & File Info

IQAC Document No:	Criterion No: 5	NAAC Metric No: 5.3.2
Departmental File No: 5	IQAC File No: 5	International:

Signatures

Name of the Teacher	Name of the Head/Committee In-Charge & Signature	IQAC Coordinator Seal & Signature
SANY MARY BENAJAMIN	LIJI KOSHY	DR.GEROGE THOMAS



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NAAC Reaccredited A⁺⁺ Grade with CGPA 3.53

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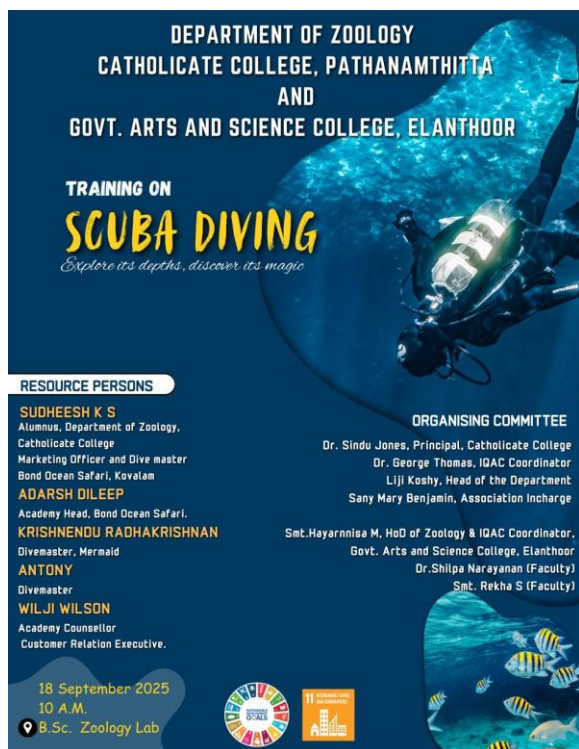
TRAINING ON SCUBA DIVING



REPORT ON TRAINING ON SCUBA DIVING

18TH SEPTEMBER, 2025

Venue : Munnas Swimming Academy, Pathanamthitta



OBJECTIVES

- To create awareness on the fun and benefits of being a scuba driver

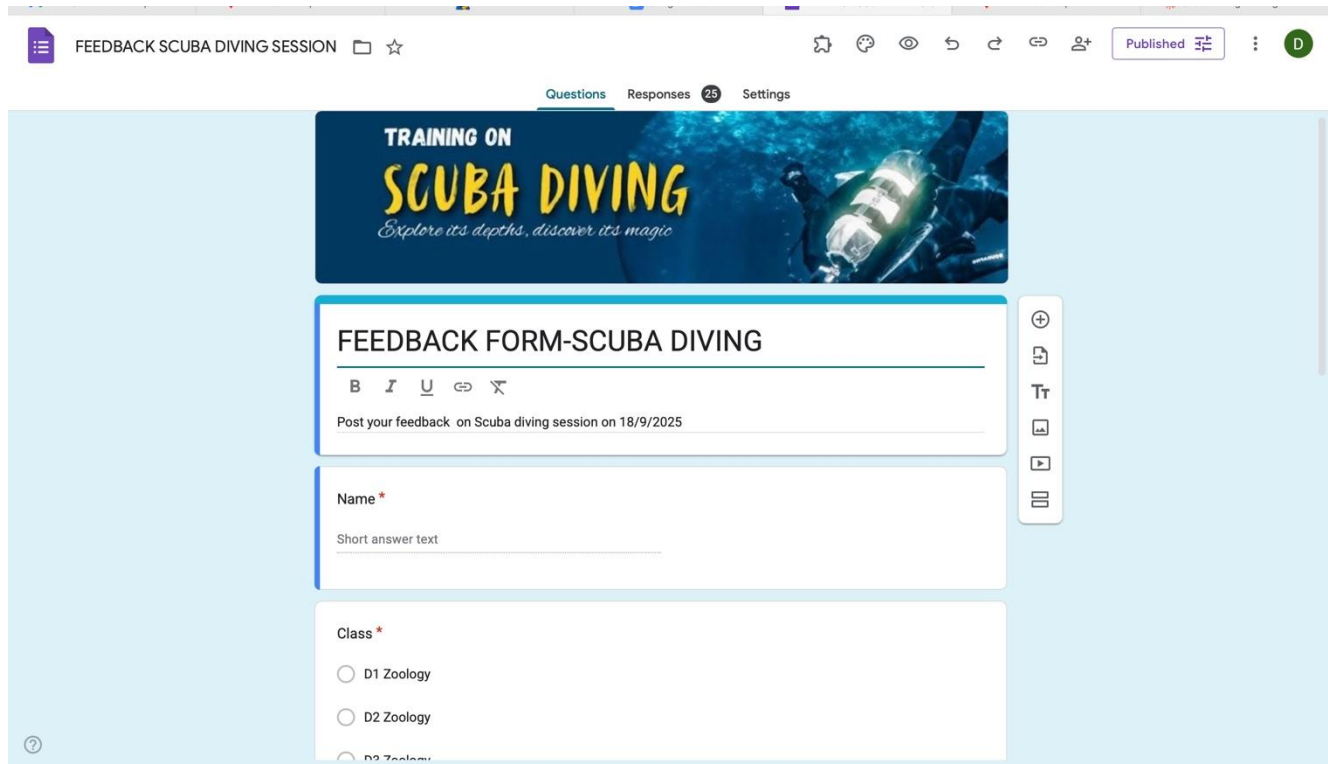
PARTICIPANTS

Graduate and Undergraduate students of the Department as well as Faculty

On September 18th, 2025, students experienced an unforgettable scuba diving training session that combined classroom learning with hands-on underwater practice. The program was led by alumnus Sudheesh K.S. and his expert team from Bond Ocean Safari, Kovalam, who began the day with a comprehensive theory class covering essential diving principles and safety protocols. Following the theoretical foundation, participants traveled to Munnas Swimming Academy in Pathanamthitta, where they received professional training with full scuba equipment including buoyancy control devices, fins, and oxygen cylinders. Under careful supervision, students explored the underwater environment for the first time, with many describing it as a once-in-a-lifetime experience that left them in awe of the aquatic world. The session was so inspiring that numerous participants expressed keen interest in

pursuing advanced scuba diving certification, marking the event as not just an educational activity but a potentially life-changing introduction to the sport of diving.

FEEDBACK FORM



The screenshot shows a Google Forms interface for a feedback session titled "FEEDBACK SCUBA DIVING SESSION". The form is titled "TRAINING ON SCUBA DIVING" with the subtitle "Explore its depths, discover its magic". It includes a header image of a scuba diver. The form contains a text box for feedback, a "Name" field, and a "Class" field with radio button options for "D1 Zoology", "D2 Zoology", and "D3 Zoology". The form is published and has 25 responses.

FEEDBACK ANALYSIS

The feedback analysis from the scuba diving session held on September 18th, 2025, reveals overwhelmingly positive responses from the 25 participants across various academic levels, ranging from first-year to third-year undergraduate Zoology students and M.Sc students. An impressive 72% of respondents rated the session as "Very Effective," while the remaining 28% found it "Effective," with no negative ratings recorded. The practical diving session emerged as the most captivating component, with numerous students specifically highlighting the hands-on experience in the pool as transformative and confidence-building. Many participants appreciated the controlled environment and supportive instruction provided by the Bond Ocean Safari team. The theoretical components also garnered praise, particularly the discussions on current marine environmental issues such as microplastic pollution and the detailed equipment demonstrations. Regarding personal impact, 80% of students indicated the session contributed "Very much" to their well-being and knowledge, while 20% found it "Satisfactory." One student eloquently described it as a "great experience" that was both "fun and safe," while another noted the session's excellence with "nothing to improve." The only constructive

feedback suggested better time management, though the vast majority expressed complete satisfaction with no suggestions for improvement, with several students requesting more such engaging sessions in the future, indicating the program's success in inspiring interest in marine studies and adventure sports.

