

**Activity Report: Academic Year 2023- 24****Activity Name: World Environmental Day Celebration by PG Department of English****Department: DEPARTMENT OF ENGLISH**

Name of the Co-Ordinator	Venue	Day & Date	Time
Rijo John	English Nuhro Language Lab	07 June 2023	10.30 am
Number of Participants: 98	Nature: Indoor & Outdoor	Type Of Activity: Academic/ Extension/Environment/	
	Chief Guest: Dr.Thomas V.P, Assistant Professor, Dept of Botany, Catholicate College Pathanamthitta		

BRIEF INFORMATION ABOUT THE ACTIVITY

Topic/ Subject of the Activity	The programme focused on Medicinal plants in our vicinity and their ecological impact and importance. The session was titled 'The Healers of Nature: Understanding Medicinal Plants in our vicinity'
Objectives	To create awareness among student and teaching community regarding the need to conserve nature and to equip them as responsible human beings
Methodology	The programme included lecture on medicinal plants and the resource personal introduced various plants in our vicinity.Planting of tree saplings in the college campus was also part of the event.
Outcomes	Participants were able to identify different medicinal plants and their role in our daily life.This programme became successful in creating proper awareness among them regarding the use of medicinal plants.

PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

Notice & Letters ✓	List of Participants ✓	Activity Report ✓	Geo Tagged Photos ✓	Feedback Form
Feedback Analysis	News Clip with details	Certificate ✓	Any Other	Order

IQAC Document No:	Criterion No:7	NAAC Metric No:
Departmental File No:	IQAC File No:	International

Name of Teacher & Signature with Date	Name of Head/ Committee In charge & Signature with Date	IQAC Coordinator (Seal & Signature)
Rijo John		

World Environmental Day Celebrations

On World Environment Day, various activities and events are organized worldwide to engage people in environmental issues. These activities include tree planting campaigns, clean-up drives, educational workshops, sustainability initiatives, and advocacy programs. The day also provides an opportunity for governments, organizations, and individuals to make commitments and announce new environmental initiatives. The PG Department of English takes keen initiatives in organizing programmes with futuristic approaches. Ever since its inception, the department has made substantial contribution in creating awareness among students regarding the need to conserve and preserve nature and the necessity in living in harmony with the ecosystem. Various awareness programmes, competitions and seminars were conducted in this regard to make the students more aware of nature. These programmes helped them realise the need to shift from homocentrism to ecocentrism.

As part of Environmental Day celebrations, the English Department organized a lecture on the topic: 'The Healers of Nature: Understanding Medicinal Plants in Our Vicinity' on 7th June 2023. After the rendition of prayer by Aleena Alex (D3 English) and welcome address by Aleena Anna Cherian (1st M. A Integrated), The Head of the Department, Dr. Asha Philipose delivered the presidential address. Soon after the lamp lighting ceremony, Prof. (Dr.) Renny P. Varghese delivered the inaugural address. He entreated us to preserve the vast varieties of flora that are around us. Dr. Thomas V. P, Assistant Professor, Department of Botany, Catholicate College, delivered the keynote address. He has enlightened the students by sharing his knowledge regarding various medicinal plants. He elucidated in his lecture regarding how different cultures around the world have utilized medicinal plants as a primary form for healthcare. Today, many pharmaceutical drugs are derived from or are inspired by compounds found in medicinal plants. Herbal medicine continues to be an important component of traditional medicine systems such as Ayurveda, Traditional Chinese Medicine, and Indigenous healing practices. He introduced varieties of medicinal plants that were new to most of the audience.

The session turned out to be an interactive one as the resource person addressed the questions raised by the audience. The session concluded with the planting of a medicinal plant sapling and 98 students participated in the programme.

Feedback/Outcome: By fostering a sense of curiosity and appreciation for nature's

bountiful offerings, the programme has inspired students and faculty to explore alternative methods of healthcare and embrace a more sustainable lifestyle. Moreover, the focus on medicinal plants aligns with the growing global awareness of the importance of traditional and herbal medicines. It has provided a valuable platform for raising awareness about the rich heritage of medicinal plants, allowing participants to grasp their potential in treating illnesses and promoting overall well-being. By emphasizing the significance of preserving biodiversity and traditional knowledge, the program also contributed to the preservation of cultural and ecological diversity.

The poster is for an event titled "THE HEALERS OF NATURE: UNDERSTANDING MEDICINAL PLANTS IN OUR VICINITY". It is organized by the PG Department of English at Catholicate College, Pathanamthitta, in association with IQAC. The event is part of Environmental Day Celebrations and is scheduled for June 7, 2023, at 10:00 AM at the Nuhro Language Lab. The poster features a large image of various green medicinal plants at the top. Below the title, it lists the inauguration by Prof. (Dr.) Renny P. Varghese, Bursar & IQAC Coordinator, and the resource person, Dr. Thomas V. P., Assistant Professor in Botany. At the bottom, it lists the organizers: Dr. Asha Philipose (Head of the Department), Rijo John (Faculty Coordinator), and Sayana Sam and Deepu Oommen Zachariah (Student Coordinators).

PG DEPARTMENT OF ENGLISH
in association with IQAC
CATHOLICATE COLLEGE, PATHANAMTHITTA

Environmental Day Celebration

**THE HEALERS OF NATURE: UNDERSTANDING
MEDICINAL PLANTS IN OUR VICINITY**

INAUGURATION :
PROF. (DR.) RENNY. P. VARGHESE
Bursar & IQAC Coordinator,
Catholicate College

RESOURCE PERSON :
DR. THOMAS V. P.
Assistant Professor,
Department of Botany,
Catholicate College

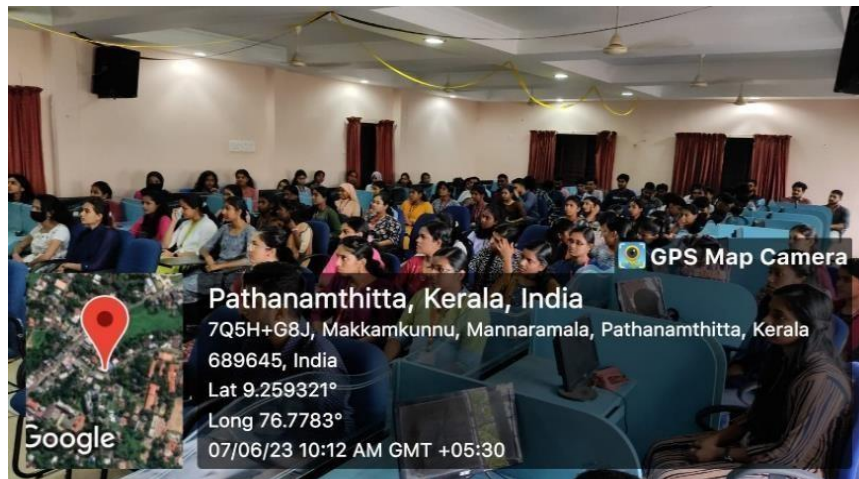
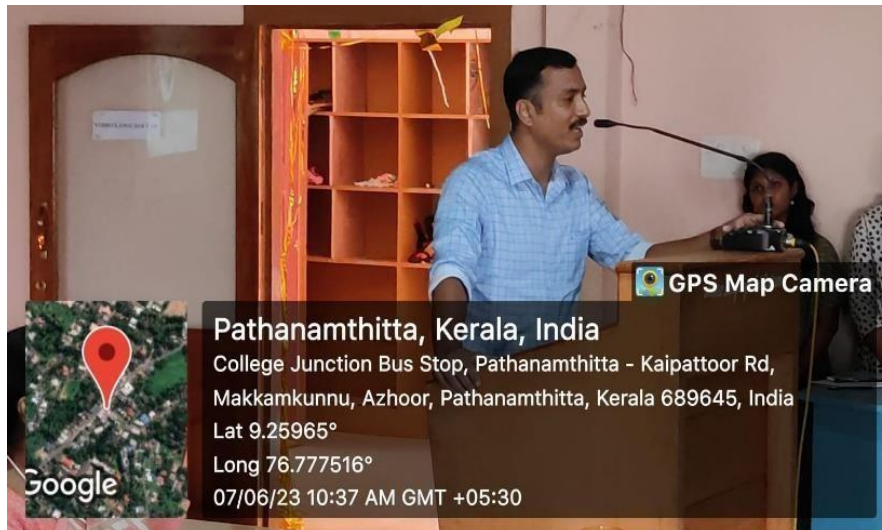
JUNE 7, 2023
10: 00 AM
@ Nuhro Language Lab

Dr. Asha Philipose
(Head of the Department)

Rijo John
(Faculty Coordinator)

Sayana Sam,
Deepu Oommen Zachariah
(Student Coordinators)

Geotagged Photographs





List of Participants

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WORLD ENVIRONMENTAL DAY CELEBRATION
 2023 JUNE 07 - 10 a.m.
 Nuhro Language Lab

Sl.No.	Name	Class	Signature
1	Gounipriya . S	Integrated MA 4 th yr	
2	Seetha Lakshmi . V	"	
3	Siyana A	"	
4	Aleena Anna	"	
5	Arsha Prasad	"	
6	Tija Susan Saji	"	
7	Ancy . T. Ragi	III BA	
8	Aleena Alex	"	
9	Arakha S Kumar	II nd MA	
10	Kavya Vijayan	"	
11	Reshma Rachel Joseph	"	
12	Anjana V . S	"	
13	Jasmine Jose	"	
14	R. Sreelekshmy	"	
15	Athira A	"	
16	Pranya . S Nair	"	
17	Amala A-K	"	
18	Subinone Pyi	"	
19	Anupama . S. Kumar	D2	
20	Deavu . S	D2	
21	Gayathri A.K	D2	
22	Aparna Ghosh	D2	
23	Anagha . A	D2	
24	Athira Babu	D2	
25	Kaishnapriya . S	D2	
26	Adithya . C	D2	
27	Leena Anil Devi . L	D2	
28	Lissa Manjiam Thomas	D2	
29	Asadhana S	D2	

Sl no.	Name	Class	Signature
30	Alan Shaji George	D3	
31	Ashka S	D3	
32	Aswenth AS	D2	
33	Krishna Das	D2	
34	Goutham S.G	D3	
35	ABHIRAM R	D3	
36	Abhijith Jiji	D3	
37	Thangiyar Champi	D3	
38	Ashbin N.P	D2	
39	Aswin Ramesh	D2	
40	Shardha Q	D2	
41	Navin Babu	D2	
42	Amit Lalit	D2	
43	Suryadev R	D2	
44	Amyithu Manoj	D2	
45	Hale Riji	D3	
46	Aswin B. Nair	1st MA	
47	Sidharth C. Nair	1st MA	
48	Abel Yohannan	Integrated MA	
49	Abhishek Pamicher	D2	
50	Akshai S	D2	
51	Sounima Rachel Jacob	D3	
52	Anjana Ajikumar	D3	
53	Shifana Nazeez	D3	
54	Seba	D3	
55	Anjali	D3	
56	Rubina Regi	D3	
57	Mohasina Shereef	D3	
58	Parvathy S. Mohan	D3	
59	Aduna Anna Sabu	D3	
60	Zakky I	D3	
61	Nandana Santhosh	D3	
62	Jesna Jaison	D3	
63	Deepa S. Nair	D3	

64	Prathibha Prakash	D3	Prathibha
65	Binuja Mary Bigu	D3	Binuja
66	Nesaja Nasendran	D2	Nesaja
67	Sini C.M	D2	Sini
68	Surga S. Prasanth	D2	Surga
69	Sara S. Mathew	I MA English	Sara
70	Aparna Vijayan	D2	Aparna
71	Anusree S	D2	Anusree
72	Alphonsa Joseph	D2	Alphonsa
73	Varsha Rajesh	D2	Varsha
73	Anupama BS	D3	Anupama
74	Pooja A.S	D2	Pooja
75	Elzaba Shanu	D2	Elzaba
76	Jadhya Vyayakumar	D2	Jadhya
77	Liya Wilson	D2	Liya
78	Vaishnavi J.S	D2	Vaishnavi
79	Praveetha Lakshmi S	I MA	Praveetha
80	Rathna Ann Zachariah	I MA	Rathna
81	Shreha Binu	I MA	Shreha
82	Bijin Titty	Integrated MA	Bijin
83	Shweta Babu	Integrated M.A	Shweta
84	V. Vihal. Nani	D3	V. Vihal
85	Nasirajishnan R	Integrated MA Ind. year	Nasirajishnan
86	Manon Thomas Caylene	Integrated MA IV	Manon Thomas
87	Prevan J Varghese	D3	Prevan
88	Kozeen S Salim	D3	Kozeen
89	Fino Philip	D3	Fino
90	Gregory Mathew	D3	Gregory
91	Deepa Chommen Zacharias	D3/Integrated	Deepa
92	Job Binu Varghese	D3	Job Binu
93	Angela Rengi	Ist. ma	Angela
94	Abhaya	"	Abhaya
95	Sera Mathews	"	Sera
96	Lekshmi H	"	Lekshmi
97	Neha MV	"	Neha
98	Payana Sam	"	Payana